



# BRENTWOOD CHIROPRACTIC CLINIC

Move Better. Feel Better. Live Better.

## ADULT INTAKE FORM

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Male / Female  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Alberta Healthcare #: \_\_\_\_\_  
 Home Telephone #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
 Email: \_\_\_\_\_ *by adding your email address you consent to receiving electronic reminders*  
 Marital Status:  Single  Married  Widowed  Divorced  
 Number of Children: \_\_\_\_\_ Children's Names (Ages): \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Name of Business: \_\_\_\_\_  
 Emergency Contact Name and Number: \_\_\_\_\_  
 How did you hear about our clinic? \_\_\_\_\_

Do you have a recent motor vehicle injury claim?  Yes  No  
 Is this a work related injury/accident? (WCB)  Yes  No

## REASON FOR VISIT

Reason for attending office: \_\_\_\_\_  
 Location of pain: \_\_\_\_\_  
 When did you notice it? \_\_\_\_\_ How often does it occur? \_\_\_\_\_  
 Does it radiate? **Yes** **No** If yes, where?: \_\_\_\_\_  
 What relieves it? \_\_\_\_\_  
 What aggravates it? \_\_\_\_\_  
 Describe how it interferes with your life, work, or hobbies? \_\_\_\_\_  
 \_\_\_\_\_  
 When have you had this or a similar condition in the past?  
 Is the condition getting worse?  Yes  No  Constant  Comes and Goes  
 Have you had previous chiropractic care? **Yes** **No**  
 Where? \_\_\_\_\_ When? \_\_\_\_\_ X-rays taken? **Yes** **No**  
 Other treatments tried: \_\_\_\_\_  
 How long has it been since you felt really good? \_\_\_\_\_

## HEALTH HISTORY

Please check if you presently have or have had any of the following conditions in the past:

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Blurring of Vision | <input type="checkbox"/> Bronchitis    | <input type="checkbox"/> Diarrhea        | <input type="checkbox"/> Insomnia                             |
| <input type="checkbox"/> Stroke             | <input type="checkbox"/> Asthma        | <input type="checkbox"/> Stomach Ulcer   | <input type="checkbox"/> Respiratory Condition                |
| <input type="checkbox"/> Dizziness          | <input type="checkbox"/> Tendonitis    | <input type="checkbox"/> Heart Burn      | <input type="checkbox"/> Urinary Frequency                    |
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Chest Pains   | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Lower Back Pain                      |
| <input type="checkbox"/> Heart Disease      | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Allergies       | <input type="checkbox"/> High Blood Pressure                  |
| <input type="checkbox"/> Aneurysm           | <input type="checkbox"/> Hiatus Hernia | <input type="checkbox"/> Sinusitis       | <input type="checkbox"/> Menstrual Problems                   |
| <input type="checkbox"/> Varicose Veins     | <input type="checkbox"/> Constipation  | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Numbness or Tingling in Arms or Legs |
| <input type="checkbox"/> Cancer             | <input type="checkbox"/> Arthritis     | <input type="checkbox"/> Osteoporosis    |   |

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Any family health conditions? **Yes** **No** Please list: \_\_\_\_\_  
Other health problems? \_\_\_\_\_

List surgical operations or hospitalizations and years they occurred: \_\_\_\_\_

Pregnancies? \_\_\_\_\_

List of medications or vitamins you now take: \_\_\_\_\_

Rate your diet: \_\_\_ Poor \_\_\_ Fair \_\_\_ Medium \_\_\_ Good \_\_\_ Excellent

Rate your sleep habits: \_\_\_ Poor \_\_\_ Fair \_\_\_ Medium \_\_\_ Good \_\_\_ Excellent

Rate your exercise: \_\_\_ Poor \_\_\_ Fair \_\_\_ Medium \_\_\_ Good \_\_\_ Excellent

Rate your mental state: \_\_\_ Poor \_\_\_ Fair \_\_\_ Medium \_\_\_ Good \_\_\_ Excellent

List and describe any auto accidents or other accidents/injuries: \_\_\_\_\_

List and describe any childhood injuries/accidents/hospitalizations/illnesses: \_\_\_\_\_

Anything else you feel we should know about? \_\_\_\_\_

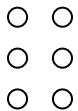
Draw in your face.  
Show area(s) of pain or unusual feeling.  
Mark the areas on this body where you feel the described sensations. Use the appropriate symbols.  
Mark areas of radiation. Include all affected areas.

**Mark your levels of pain (0 being least, 10 the worst)**  
**Today: 0-----10**  
**Average: 0-----10**

Numbness



Pins & Needles



Burning



Aching



Stabbing

